Welcome to the latest edition of Pathway.

Dr Trevor Ferguson was elected to be the 8th Dean of the Faculty of General Dental Practice (UK) on 2nd March 2012. Trevor will take over from the current Dean Russ Ladwa in June. The Faculty Dean is elected to serve for up to 3 years, providing clinical leadership and promoting the Faculty’s strategy and policies in the professional and public arenas.

Trevor Ferguson is a General Dental Practitioner who has been practising in North Wales for the past 25 years. He has previous experience of vocational training, tutoring on postgraduate courses, university teaching and maintains a continuing active commitment to primary care dentistry. Dr Ferguson was a founder member of the FGDP(UK) and has been a member of the Faculty’s Board since 1998.

Upon being elected Trevor Ferguson said: “The achievements of the Faculty to date have been remarkable, however we live and practice in very challenging times. The future success of the Faculty is dependent on increasing membership, strengthening our position as the standard setting organisation for general dental practice, as a provider of postgraduate education and training, and also ensuring a greater voice in the future of patient care. The next few years are crucial and require significant vision and enthusiasm to achieve these goals.”

I am delighted to have been elected to the position of Dean and I look forward to working towards these goals, and articulating the Faculty’s position within the profession.”

Current Dean of the FGDP(UK) Russ Ladwa congratulated Dr Ferguson on his election saying:

“Trevor Ferguson has contributed hugely to the FGDP(UK) to date. He has all the right qualities to lead the Faculty forward at a challenging and critical time for our profession. I wish him well!”

Also elected on the 2nd March were two Vice-Deans, with Lawrence Mudford being elected for a second successive term and Naresh Sharma for the first time.

This year’s study event is now being advertised: Martin Kelleher is to present the topic of “Minimally Destructive Aesthetic Dentistry”. A subject that will hit home for many of us in general practice. Providing 4 hours of verifiable CPD, starting at 12:30pm with lunch included at MAN-DEC on Wednesday 27th June. Cost for the afternoon will be £99 for members if registered before end of May (£140 thereafter), £49 for DCPs and £150 for non-members.

Martin’s unique presentation style and vast experience and knowledge are unmissable!

Deeper inside this issue, there is a preview of Martin’s presentation, an update on the latest changes to the career pathway, a report on the latest MJDF study group developments and our Grumpy Old Dentist vents his frustration on the subject of cosmetic surgery.

Have a great summer!
An initiative to be launched in 2012 will bring these various routes together into one new ‘unified’ route, which will be known as the FGDP(UK) Professional Development Pathway. The aim of the new pathway is to better reflect the diverse needs of Faculty members and the rapidly changing landscape of dental practice. It will build on the strengths of the previous system whilst also providing more flexibility for applicants.

The value of taught components will be retained as a highly effective way of accumulating evidence of enhanced skills but alongside this, practitioners will have greater opportunity to provide evidence from experience. The nature of Faculty approval of taught components will change from the current system of credit rating to one of endorsement.

Fellowship at the end of the existing career pathway can be achieved via different and mutually exclusive routes:

Either the accumulation of credits from taught programmes or via evidence of significant experience; either a clinical or a non-clinical Fellowship.

From 1 April 2012, new entrants to the pathway will start on the Professional Development Pathway leading to the new Fellowship, rather than the existing career pathway.

The current career pathway will exist alongside the Professional Development Pathway until 31st March 2014. Members who are already on the career pathway will have the choice of either remaining on this until they complete it/ it ceases to exist, or transferring to the new pathway and Fellowship at some point during that time.

For further information, please contact the Accreditation Office on vlukacs@rcseng.ac.uk or 020 7869 6766.

Diploma in Implant Dentistry, Leeds 2012 intake applications now being accepted

For further information, please contact:
Education Department
Tel: 020 7869 6757
E-mail: fgdpeducation@rcseng.ac.uk
In March this year, I also held a one-off revision session for the part 1 and part 2 exams after the FGDP(UK) published the changes to the MJDF RCS Eng.

This had a much larger uptake than previous sessions and received excellent feedback. The only criticism was that the course was not long enough!

With this in mind, I am planning on holding a full day’s revision session at the end of the year with the help of an MJDF RCS Eng examiner, Nick Cooper.

Nick has held several sessions in previous years for the MJDF Study Group and they have always been well received. This study session is an invaluable insight into how the exams (particularly the SCR and OSCE components) run “on the day”. We are very lucky to have his input!

The date is 3rd September, so please register your interest with me as soon as possible.

Contact Stef via email: stefwithanf51@yahoo.com

As many of you will be aware, the MJDF has recently undergone a significant change: The portfolio of evidence is now no longer required to successfully complete the assessment.

At the end of last year, I held a four month study course for the MJDF RCS Eng, which at the time also included information on the portfolio of evidence. This course was very successful and a number of delegates who attended are currently signed up to sit the exams.

Diary Dates

2012

National Orthodontic Therapist Study Day

21 May, 2012, Met Hotel, Leeds

This study day for orthodontic therapists aims to foster peer support as well as providing continuing professional development. For further information, or to register for this unique event, please contact fds@rcseng.ac.uk or call 020 7869 6818.

Vulnerable Patients Study Day


The FGDP(UK) Vulnerable Patients Study Day will be presented by Stephen Lambert-Humble, Russ Ladwa and Noam Tamir. For further information, please contact Keenda Sisouphanh on 020 7869 6764 or email ksisouphanh@rcseng.ac.uk.

FGDP (UK)/NW Division

ANNUAL GENERAL MEETING

& Presentation

Tuesday 25th September 2012, MANDEC

From 6.30pm

There will be a presentation by Professor Kevin Seymour on the latest perio-in-practice

Antimicrobial Prescribing for General Dental Practitioners

2nd edition

Published May 2012

GDP members: £20

Non-members: £25

VDPs: £20

ISBN: 0-9543451-7-7

Format: A5 (148 × 210mm)

Antimicrobial Prescribing for General Dental Practitioners is the latest addition to the FGDP(UK)’s essential range of standards books. This important book provides clear, simple and practical guidance on when to prescribe antimicrobials, what to prescribe, in what dose and for how long.

This new edition reflects changes to recommendations since the previous update (2006). This edition also includes dosage recommendations for children for the first time.

This 2012 edition will prove to be an invaluable asset to any dentist’s library.
Cosmetic surgery advertising should be banned

so says the British Association of Aesthetic Plastic Surgeons who are known, with no hint of irony, by their acronym BAAPS. It all comes in the wake of the recent scandal over a French implant with industrial grades of silicone being used to fill out women’s, well, baps. To clarify, BAAPS are the good guys. Like us, they are based at the Royal College of Surgeons of England at Lincoln’s Inn Fields. They state a number of objectives for their organisation but, reassuringly, they are all about training and standards. BAAPS say that they want to see increased regulation of the “cowboy” market in the UK and their President has pronounced as follows, “Aggressive marketing gimmicks not only trivialise surgery but endanger the patient”, and, “Unrealistic expectations are set by reality ‘makeover’ shows”. He then adds, “In no other area of surgery would one encounter Christmas vouchers and two-for-one.”

Actually, I believe I can think of at least one other. In fact it’s all starting to sound quite familiar. This is what happens if you type “Cosmetic dentistry offer” into Google. These really are the first three that come up.

Actually, if the BAAPS guy had thought a bit harder he could have found some other examples too. What about laser eye surgery? Anyway, I know little of breast augmentation but I don’t suppose that the procedure is as reversible as some might assume. Things won’t be the same as before the dodgy French implants were placed. On the other hand I do know about dentistry and things definitely aren’t the same after a mouth full of crowns or veneers. Once that enamel and dentine has gone up the aspirator tubing it’s not coming back. Furthermore the unfortunate pulps take a pounding and right there is the slippery slope; continued replacement, root canal treatment, posts and eventual tooth loss.

I think Martin Kelleher is probably my kind of bloke, you know, grumpy. “It’s Porcelain Pornography!” he proclaims in a recent article. “The patients are subjected to a Double Mugging” he cries, “Once of their money and then again of their enamel and dentine!” “It’s wilful and unnecessary violence”, he continues. All great stuff, but, my grumpy question is this; it’s good to hear someone complaining about it in an erudite and amusing way but are our dental organisations doing anything about manipulation of patients through this blatant and inappropriate commercial advertising? I know I keep banging on about the GDC but surely this is totally within their remit to protect patients. What about the BDA? What about the Faculty? Now that BAAPS are taking a lead on this shouldn’t we be backing them up with our own concerns? We’re even in the same building. Let’s take a walk down the corridor and have a word.

Yours grumpily,

Kelleher M. Porcelain Pornography. Faculty Dental Journal2011; 2: 134-141.
Techniques should produce a major shift in the way treatment is undertaken because the various ceramic materials used have obvious limitations stipulated by the ceramic materials’ manufacturers. Many newer ceramic materials lack follow up studies on the long term effects of their use on the patient’s apparent consent for these elective destructive treatments could not have been adequately informed and therefore was not valid.

The emphasis in sensible restorative dentistry has shifted significantly away from these highly technical interventions, involving lots of tooth destruction, to a recognition that preservation and enhancement of existing tooth tissue is both necessary and desirable. This could be best described as a change in emphasis from ‘meccano to microns’.

This presentation will expand on this theme and will demonstrate how it works in practical terms in order to benefit patients and dentists alike.

### Costs
- **£99** FGDP(UK) members up to 31st May 2012
- **£140** FGDP(UK) members if booked after 31st May 2012
- **£150** Non-Members **£49** DCPs

### Details

**Name:**
**GDC:**
**Special Dietary Requirements (Circle)**
- None
- Vegetarian
- Nut-Free
- Gluten-Free
**Email Address:**
**Contact Telephone Number:**

1. I enclose Cheque for £

Please return this form and payment to:
Adrian Bennett, Secretary FGDP-NW,
Apollonia House, 167 Mossley Road,
Grasscroft, Oldham, Lancs. OL4 4HA
For enquiries email: adey@apolloniahouse.com

**Patients do not suffer from `Hyperenamelosis` i.e. they do not have an excess of overgrowing enamel that has to be controlled by drilling it off to manage it and likewise they do not suffer from `Porcelain Deficiency Disease`.**

Removing sound tooth tissue for elective supposedly “cosmetic” reasons is a major consent and legal issue. Once the probable long term damage to the teeth involved in some “cosmetic” procedures is explained to them then most sensible patients will choose a minimally destructive aesthetic solution thereby giving them the best of both worlds in terms of self preservation with some self improvement.

Many patients have a heightened expectation of their teeth and of dentistry. The demand for aesthetic dentistry has increased dramatically in recent years. However, in seeking to satisfy this demand many indirect techniques, especially those involving all ceramics restorations or full coverage restorations made of porcelain fused to various substrucures, compromise teeth because of the preparations

## Preview of presentation

Nightguard vital bleaching used on its own, or combined with direct composite, has revolutionised aesthetic dentistry. This non destructive approach has enabled many patients to benefit at very low biological risk and at reasonable financial cost.

Acceptance of this common sense, practical and pragmatic approach which involves minimal destruction of sound dental tooth tissue has been slow, possibly due to various vested interests.

Bleaching and bonding is now an ‘aesthetic best buy’ as this enables predictable aesthetic benefits to be made available to a wide range of patients for a variety of minor and major clinical problems. For instance, inside/outside bleaching has dramatically reduced the massive destruction of dead, discoloured teeth caused by the placement of post crowns.

This presentation will demonstrate some clinical tips on how to help improve clinical outcomes without wrecking the sound teeth in the process.

Many of the traditional difficulties of loss of tooth tissue or irregular teeth can now be solved in an innovative, predictable and sensible way. These proven techniques should produce a major shift away from destructive dental procedures towards retaining enamel wherever possible while still enhancing patients’ appearance. It is important to recognise that ‘less is more’ in dentistry. Less dentistry or micro dentistry is worth more to the patient than major destructive procedures, many of which have a negative biological effect and may only produce a temporary improvement in patients’ smiles. Many of the destructive preparations still being done to teeth are undertaken because the various ceramic materials used have obvious limitations in strength.

### Simple direct composites

By Martin Kelleher

**Mandec Conference Centre Wednesday 27th June 2012**

**Study Event 2012:**

**Minimally Destructive Aesthetic Dentistry**

**By Martin Kelleher**
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How to join The Faculty of General Dental Practice (UK)

Memberships packs are available from the FGDP (UK), from Jean Cook at the MANDEC office or at the fortnightly Advanced Refresher courses at MANDEC on Tuesday nights.

Costs

Full membership - £280
Available to registered dentists who have been awarded a relevant postgraduate diploma by any of the four Royal Colleges.

Associate +3 membership - £194
Available to registered dentists qualified for more than three years, who do not hold an appropriate postgraduate diploma.

Associate membership - £70
Available to registered dentists within three years of their graduation.

Become a member of the FGDP(UK)

Over 4,000 dental professionals are members of the FGDP(UK). Membership is open to all dentists and dental care professionals, and e-associate membership is available free of charge to 4th and 5th year dental undergraduate students.

The main benefits of membership are as follows:
- Reduced fees on FGDP(UK) books, courses and study days.
- Participation in the Career Pathway, our career development framework and route to Fellowship of the Faculty.
- Touchstone, a free online portfolio for recording and organising your CPD evidence.
- Quarterly subscription to Primary Dental Care, the FGDP(UK)’s peer-reviewed research journal (dentists only), Team in Practice, our CPD journal for DCPs, and First-Hand, the Faculty’s newsletter.
- Access to The Royal College of Surgeons of England’s online library, providing access to OVID Medline and Embase.
- Access to a UK-wide network of study groups and peer support.
- 20% discount on books from Oxford University Press and PasTest.
- Member rates for College accommodation and a range of hotels.

Visit www.fgdp.org.uk/members.ashx for membership rates and more benefits.

PATHWAY

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You can download previous issues of Pathway from www.fgdp-nw.com - very handy for reviewing previous MFGDP(UK)/MJD case studies.

Special offer for Faculty Members from the Dental Directory

Please don’t forget that the Dental Directory have generously offered a special deal to faculty members. North Western Division members are eligible for a preferred Faculty member discount of 10% off all catalogue prices (excluding mini-catalogue and promo offers) plus 1.5% for all orders placed via the computer ordering system, Desktop. In addition if you hold MFGDP(UK)/MGDS/MJD or Fellowship there will be a further 1%. This could amount to a significant discount of 12.5% off already low master catalogue prices. Should you become a new member of the Faculty the Dental Directory will credit your account with £50 which you can spend on the house-preferred range (Unodont, Degussa, Perfection Plus)

We are most grateful to the Dental Directory for their generous support of this newsletter. Northern Sales Manager Steve Brown may be contacted on e-mail - swbrown@dentaldirectory.co.uk. Also see web site: http://www.dental directory.co.uk

Retired membership - £90
Available to dentists who support the aims and objectives of the FGDP(UK) but who have retired from all forms of general dental practice.

DCP Affiliate membership - £35
Student/Career Break/Maternity - £102

MJDF - £260
FDS Joint - £230

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